

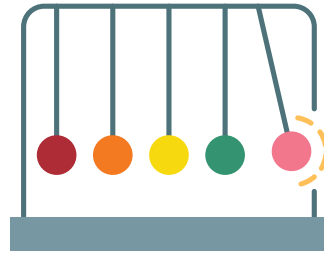
What's happening?



A large dashed rectangular box for writing.

Identifying possible challenges

What's the impact?



A large dashed rectangular box for writing.

How are you responding?

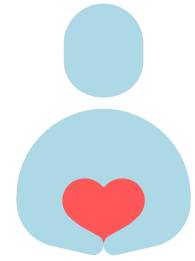
What works?



A large dashed rectangular box for writing.

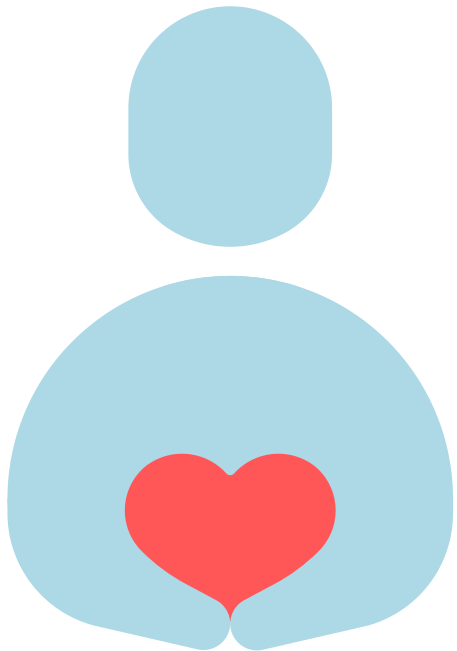
How do you know when you're going well?

What do you need?



A large dashed rectangular box for writing.

How can we help?



5 Ways to Wellbeing



Staff Supports



My Coping Plan



*What does your support look like?*

