

# Understanding childhood adversity and creatively engaging with children and their families...

## Overview of session

This session inspires you to learn more about childhood adversity, and how this can impact a child's brain and life. Throughout the session, you will learn creative and interactive ways to explain large concepts to children and their families, as well as, learn how life story work can be implemented within practice with children and young people in Out-of-Home Care, and early intervention work.

This session can be triggering for participants and does show video footage of a child being removed (dramatised).

## What you can expect

- Practice and easy interventions to use with children and their family
- Inspiration on how you can have complex conversations that are age and developmentally appropriate
- A deeper understanding of how to hold life story work conversations with children and their families
- Fun

## What you need to bring

Just you – no laptops are needed at all!

## The session outcomes

- Develop a deeper understanding of the challenges that children and young people who have experienced adversity and deprivation
- Develop a basic understanding of trauma and trauma responses for children and young people who have experienced adversity and deprivation
- Distinguish the relationship between externalised behaviours and children and/or young people who have experienced adversity and deprivation
- Creatively explore large concepts and gain skills on how to have age and developmentally-appropriate conversations with children, young people and their families
- Build your case management practice and explore different ways to gather information
- Gain skills on how to talk with children about issues, decisions and plans that affect them

## Important information

If you have any specific learning needs, please inform the facilitator before the session, including how they are able to support you effectively.

