

Look after your heart this Men's Health Week

Consider booking an appointment
with your GP to discuss your:

Blood pressure

Cholesterol

Diet and physical activity levels

Medical and Family history

MEN'S HEALTH
WEEK 2023 June 12-18

HEALTHY HABITS

For more information, visit heartfoundation.org.au



**2023 INTERNATIONAL
MEN'S HEALTH WEEK**
#menshealthweek



**CENTRE FOR
MALE HEALTH**

